Introduction—In 1997, I wrote a 31-page article which I then published as *The Great Week of 7,000 Years*. That little booklet is still in print and available from us ($4.00 + $2.50). It contains a great amount of unusual facts. For an interesting coverage of the entire subject, you will want to read that booklet.

In the late 1990s, some were expecting the return of Christ to our world; but that earlier research report explained why, based on facts about the Great Week, that it could not happen at that time. In this present study, I will clarify that point, but in even more detail. Quite a bit of additional material will also be presented. But if you want a full coverage of the subject, you will want to read *The Great Week of 7,000 Years*.

Not exact time prophecies—There are portions of the 7,000 years which are not exact prophecies. They are rounded (both in Scripture, and in the Spirit of Prophecy) and, for this reason, cannot provide us with exact beginning and ending dates.

As we will discover below, it is the 4,000-year segment that clearly reveals this roundedness most clearly.

A second reason why we can be certain that we cannot determine the date of the Second Advent, from the 6,000 years, is that the Spirit of Prophecy tells us that, after 1844, there will never be anymore exact date prophecies or fulfillments—until, at the sounding of the Voice of God, He Himself tells us the exact day of His coming.

In contrast, there are exact time prophecies (such as the 1260-, 1290-, 1335-, and 2300-year prophecies) which indicate an exact number of years.

Segments of the Great Week—The primary parts of the 7,000 years are four in number: The the 4,000 years, the 2,000 years, the 6,000 years, and the 1,000 years. To our surprise, we will discover two new applications to one of them. More on this later in this study.

The following quotations contain many important truths about the immense degeneration of the human race and its causes.

— SECTION ONE —

THE FOUR THOUSAND YEARS

An in-depth research into every passage in the Spirit of Prophecy about the 4,000 years reveals that the statements tend to fall under eight topics. Here is each one:

IT BEGAN WITH
THE FALL OF ADAM AND EVE

*Review, August 18, 1874*—“Adam and Eve in Eden were placed under most favorable circumstances. It was their privilege to hold communion with God and angels. They were without the condemnation of sin. The light of God and angels was with them, and around about them. The Author of their existence was their teacher. But they fell beneath the power and temptations of the artful foe. Fallen men had not the advantages of Adam in Eden. They had been separating from God for four thousand years. The wisdom to understand, and power to resist, the temptations of Satan had become less and less, until Satan seemed to reign triumphant in the earth. Appetite and passion, the love of the world and presumptuous sins, were the great branches of evil out of which every species of crime, violence, and corruption grew.”

IT EXTENDED TO
THE FIRST ADVENT OF CHRIST

*1 Selected Messages*, 269-270—“Satan had succeeded so well in deceiving the angels of God, and in the fall of noble Adam, that he thought that in Christ’s humiliation he should be successful in overcoming Him. He looked with pleased exultation upon the result of his temptations and the increase of sin in the continued transgression of God’s law for more than four thousand years.”
He had worked the ruin of our first parents, and brought sin and death into the world, and had led to ruining multitudes of all ages, countries, and classes. He had, by his power, controlled cities and nations until their sin provoked the wrath of God to destroy them by fire, water, earthquakes, sword, famine, and pestiloence. By his subtlety and untiring efforts he had controlled the appetite and excited and strengthened the passions to so fearful a degree, that he had defaced, and almost obliterated the image of God in man. His physical and moral dignity were in so great a degree destroyed, that he bore but a faint resemblance in character, and noble perfection of form, to dignified Adam in Eden.

"At the first advent of Christ, Satan had brought man down from his original, exalted purity, and had dimmed the fine gold with sin. He had transformed the man, created to be a sovereign in Eden, to a slave in the earth, groaning under the curse of sin. The halo of glory, which God had given holy Adam, covering him as a garment, departed from him after his transgression. The light of God's glory could not cover disobedience and sin. In the place of health and plenitude of blessings, poverty, sickness, and suffering of every type were to be the portion of the children of Adam.

"Satan had, through his seductive power, led men through vain philosophy to question and finally to disbelieve in divine revelation and the existence of God. He could look abroad upon a world of moral wretchedness, and a race exposed to the wrath of a sin-avenging God, with fiendish triumph that he had been so successful in darkening the pathway of so many, and had led them to transgress the law of God. He clothed sin with pleasing attractions to secure the ruin of many.

"But his most successful scheme in deceiving man has been to conceal his real purposes, and his true character, by representing himself as man's friend and a benefactor of the race. He flatters men with the pleasing fable that there is no rebellious foe, no deadly enemy that they need to guard against, and that the existence of a personal devil is all a fiction. While he thus hides his existence, he is gathering thousands under his control. He is deceiving them, as he tried to deceive Christ, that he is an angel from Heaven doing a good work for humanity. And the masses are so blinded by sin that they cannot discern the devices of Satan, and they honor him as they would a heavenly angel, while he is working their eternal ruin."

Desire of Ages, 759—"It was God's purpose to place things on an eternal basis of security, and in the councils of heaven it was decided that time must be given for Satan to develop the principles which were the foundation of his system of government. He had claimed that these were superior to God's principles. Time was given for the working of Satan's principles, that they might be seen by the heavenly universe.

"Satan led men into sin, and the plan of redemption was put in operation. For four thousand years, Christ was working for man's uplifting, and Satan for his ruin and degradation. And the heavenly universe beheld it all.

"When Jesus came into the world, Satan's power was turned against Him. From the time when He appeared as a babe in Bethlehem, the usurper worked to bring about His destruction. In every possible way he sought to prevent Jesus from developing a perfect childhood, a faultless manhood, a holy ministry, and an unblemished sacrifice. But he was defeated. He could not lead Jesus into sin. He could not discourage Him or drive Him from a work He had come on earth to do. From the desert to Calvary, the storm of Satan's wrath beat upon Him, but the more mercilessly it fell, the more firmly did the Son of God cling to the hand of His Father, and press on in the bloodstained path. All the efforts of Satan to oppress and overcome Him only brought out in a purer light His spotless character.

"All heaven and the unfallen worlds had been witnesses to the controversy. With what intense interest did they follow the closing scenes of the conflict."

IT EXTENDED TO THE INCARNATION OF CHRIST

The Southern Work, 85—"Four thousand years before, a voice of strange and mysterious import was heard in heaven from the throne of God: 'Sacrifice and offering Thou didst not desire; Mine ears hast Thou opened: burnt offering and sin offering hast Thou not required. Then said I, Lo, I come: in the volume of the book it is written of Me, I delight to do Thy will, O My God: yea, Thy law is within My heart.'

"Christ in counsel with His Father laid out the plan for His life on earth. It was not a chance, but a design that the world's Redeemer should lay off His crown, lay aside His kingly robe, and come to our world as a man. He clothed His divinity with the garb of humanity, that He might stand at the head of the human family. His humanity mingled with the humanity of the race fallen because of Adam's disobedience. The poverty and humiliation of the Son of the infinite God teach lessons that few care to learn. There is a link that connects Christ with
The Seven Thousand Years

The poor in a special sense. He, the life, the light of
the world, makes poverty His own teacher, in order
that He may be educated by the same stern, practical
teacher [as are the poor]. Since the Lord Jesus
accepted a life of poverty, no one can justly look
with contempt upon the poor. The Saviour of the
world was the King of glory, and He stripped Him-
self of His glorious outward adorning, accepting
poverty, that He might understand how the poor
are treated in this world. He was afflicted in all the
afflictions of the human family, and He pronounces
His blessing, not upon the rich, but upon the poor
of this world.”

Desire of Ages, 48-49—“The story of Bethle-
hem is an exhaustless theme. In it is hidden ‘the
depth of the riches both of the wisdom and knowl-
edge of God.’ Romans 11:33. We marvel at the
Saviour’s sacrifice in exchanging the throne of
heaven for the manger, and the companionship of
adoring angels for the beasts of the stall. Human
pride and self-sufficiency stand rebuked in His pres-
ence. Yet this was but the beginning of His wonder-
ful condescension. It would have been an almost
infinite humiliation for the Son of God to take man’s
nature, even when Adam stood in his innocence in
Eden. But Jesus accepted humanity when the
race had been weakened by four thousand years
of sin. Like every child of Adam He accepted the
results of the working of the great law of heredity.
What these results were is shown in the history of
His earthly ancestors. He came with such a hered-
ity to share our sorrows and temptations, and to
give us the example of a sinless life.”

IT EXTENDED FROM ADAM TO
THE BAPTISM OF CHRIST

Review, March 18, 1875—“On Jordan’s
banks the voice from Heaven, attended by the mani-
festation from the excellent glory, proclaimed Christ
to be the Son of the Eternal. Satan was to person-
ally encounter the Head of the kingdom which he
came to overthrow. If he failed, he knew that he was
lost. Therefore, the power of his temptations was
in accordance with the greatness of the object which
he would lose or gain. For four thousand years,
ever since the declaration was made to Adam
that the seed of the woman should bruise the
serpent’s head, he had been planning his man-
er of attack.

“He put forth his strongest efforts to overcome
Christ on the point of appetite at a time when he
was enduring the keenest pangs of hunger. The vic-
tory gained was designed, not only to set an example
to those who have fallen under the power of appe-
tite, but to qualify the Redeemer for his special work
of reaching to the very depths of human woe. By
experiencing in Himself the strength of Satan’s
temptation, and of human sufferings and infirmi-
ties, He would know how to succor those who should
put forth efforts to help themselves.

“No amount of money can buy a single victory
over the temptations of Satan. But that which money
is valueless to obtain, which is integrity, determined
effort, and moral power, will, through the name of
Christ, obtain noble victories upon the point of ap-
petite. What if the conflict should cost man even
his life? What if the slaves to these vices do really
die in the struggle to free themselves from the con-
trolling power of appetite? they die in a good cause.
And if the victory be gained at the cost of human
life, it is not too dearly earned if the victor can come
up in the first resurrection, and have the over-
comer’s reward.”

IT EXTENDED TO
THE TEMPTATION OF CHRIST

Signs, December 3, 1902—“In the wilderness
Christ and Satan met in combat, Christ in the weak-
ness of humanity, apparently with not a friend to
aid Him. Satan is subtle. It is by falsehood that he
seeks to prevail. With all the power that he pos-
sessed, he tried to overcome the Son of Man. Could
he lead the Saviour to swerve a hair’s breadth from
His allegiance to God, the victory would be his. The
world would pass under his control.

“Satan charmed the first Adam by his sophistry,
just as he charms men and women today, leading
them to believe a lie. Adam did not reach above his
humanity for divine power. He believed the words
of Satan. But the second Adam was not to become
the enemy’s bondsclave.

"Adam had the advantage over Christ, in that
when he was assailed by the tempter, none of the
effects of sin were upon him. He stood in the
strength of perfect manhood, possessing full vigor
of body and mind. He was surrounded with the glori-
es of Eden, and was in daily communion with
heavenly beings. It was not thus with Jesus when
He entered the wilderness to cope with Satan. For
four thousand years the race had been decreasing
in physical strength, in mental power, in moral
worth; and Christ took upon Him the infirmities of
degenerate humanity. Only thus could He rescue
man from the lowest depths of degradation.”

2 Spirit of Prophecy, 88—"When Adam was
assailed by the tempter he was without the taint of
sin. He stood before God in the strength of perfect
manhood, all the organs and faculties of his being
fully developed and harmoniously balanced; and he was surrounded with things of beauty, and conversed daily with the holy angels. What a contrast to this perfect being did the second Adam present, as he entered the desolate wilderness to cope with Satan, single-handed. **For four thousand years the race had been decreasing in size and physical strength, and deteriorating in moral worth; and, in order to elevate fallen man, Christ must reach him where he stood.** He assumed human nature, bearing the infirmities and degeneracy of the race. He humiliated Himself to the lowest depths of human woe, that He might fully sympathize with man and rescue him from the degradation into which sin had plunged him.

5 Bible Commentary, 1081—“When Adam was assailed by the tempter in Eden he was without the taint of sin. He stood in the strength of his perfection before God. All the organs and faculties of his being were equally developed, and harmoniously balanced.

“Christ, in the wilderness of temptation, stood in Adam’s place to bear the test he failed to endure. **Here Christ overcame in the sinner’s behalf, four thousand years after Adam turned his back upon the light of his home.** Separated from the presence of God, the human family had been departing every successive generation, farther from the original purity, wisdom, and knowledge which Adam possessed in Eden. Christ bore the sins and infirmities of the race as they existed when He came to the earth to help man. In behalf of the race, with the weaknesses of fallen man upon Him, He was to stand the temptations of Satan upon all points wherewith man would be assailed . .

“In what contrast is the second Adam as He entered the gloomy wilderness to cope with Satan single-handed. Since the fall the race had been decreasing in size and physical strength, and sinking lower in the scale of moral worth, up to the period of Christ’s advent to the earth. And in order to elevate fallen man, Christ must reach him where he was. He took human nature, and bore the infirmities and degeneracy of the race. He, who knew no sin, became sin for us. He humiliated Himself to the lowest depths of human woe, that He might be qualified to reach man, and bring him up from the degradation in which sin had plunged him.”

Desire of Ages, 117—“Satan had pointed to Adam’s sin as proof that God’s law was unjust, and could not be obeyed. In our humanity, Christ was to redeem Adam’s failure. But when Adam was assailed by the tempter, none of the effects of sin were upon him. He stood in the strength of perfect manhood, possessing the full vigor of mind and body. He was surrounded with the glories of Eden, and was in daily communion with heavenly beings. **It was not thus with Jesus when He entered the wilderness to cope with Satan. For four thousand years the race had been decreasing in physical strength, in mental power, and in moral worth; and Christ took upon Him the infirmities of degenerate humanity.** Only thus could He rescue man from the lowest depths of his degradation.

“Many claim that it was impossible for Christ to be overcome by temptation. Then He could not have been placed in Adam’s position: He could not have gained the victory that Adam failed to gain. If we have in any sense a more trying conflict than had Christ, then He would not be able to succor us. But our Saviour took humanity, with all its liabilities. He took the nature of man, with the possibility of yielding to temptation. We have nothing to bear which He has not endured.”

General Conference Daily Bulletin, February 5, 1893—“Many hold that from the nature of Christ it was impossible for Satan’s temptations to weaken or overthrow Him; then Christ could not have been placed in Adam’s position to go over the ground where Adam stumbled and fell; He could not have gained the victory that Adam failed to gain. If man has in any sense a more trying conflict to endure than had Christ, then Christ is not able to succor him when tempted. Christ took humanity with all its liabilities. He took the nature of man capable of yielding to temptation and with the same aid that men may obtain, He withstood the temptations of Satan and conquered the same as we may conquer . . **For four thousand years the race had been decreasing in size and physical strength and deteriorating in moral worth, and in order to elevate fallen man Christ must reach him where he stood.** He assumed human nature, bearing the infirmities and degeneracy of the race. He humiliated Himself to the lowest depths of human woe, that He might sympathize with man and rescue him from the degradation into which sin had plunged him. **It is not true that humanity has trials to bear which the Son of God has not**
experienced. Christ’s victory may be ours, by faith we conquer in Him.”

1 Selected Messages, 267-268—“Christ was not in as favorable a position in the desolate wilderness to endure the temptations of Satan as was Adam when he was tempted in Eden. The Son of God humbled Himself and took man’s nature after the race had wandered four thousand years from Eden, and from their original state of purity and uprightness. Sin had been making its terrible marks upon the race for ages; and physical, mental, and moral degeneracy prevailed throughout the human family.

“When Adam was assailed by the tempter in Eden he was without the taint of sin. He stood in the strength of his perfection before God. All the organs and faculties of his being were equally developed, and harmoniously balanced.

“Christ, in the wilderness of temptation, stood in Adam’s place to bear the test he failed to endure. Here Christ overcame in the sinner’s behalf, four thousand years after Adam turned his back upon the light of his home. Separated from the presence of God, the human family had been departing, every successive generation, farther from the original purity, wisdom, and knowledge which Adam possessed in Eden. Christ bore the sins and infirmities of the race as they existed when He came to the earth to help man. In behalf of the race, with the weaknesses of fallen man upon Him, He was to stand the temptations of Satan upon all points wherewith man would be assailed.”

1 Selected Messages, 278-279—“Christ knew that Satan was a liar from the beginning, and it required strong self-control to listen to the propositions of this insulting deceiver, and not instantly rebuke his bold assumptions. Satan expected to provoke the Son of God to engage in controversy with him; and he hoped that thus, in His extreme weakness and agony of spirit, he could obtain advantage over Him. He designed to pervert the words of Christ and claim advantage, and call to his aid his fallen angels to use their utmost power to prevail against and overcome Him.

“The Saviour of the world had no controversy with Satan, who was expelled from heaven because he was no longer worthy of a place there. He who could influence the angels of God against their Supreme Ruler, and against His Son, their loved com-

mander, and enlist their sympathy for himself, was capable of any deception. Four thousand years he had been warring against the government of God, and had lost none of his skill or power to tempt and deceive.”

IT EXTENDED TO THE END OF THE OLD TESTAMENT TYPES AND CEREMONIES

Signs, May 16, 1900—“While the disciples were contending for the highest place in the promised kingdom, Christ girded Himself and performed the office of a servant, by washing the feet of those who had called Him Lord. He, the pure and spotless One, was about to offer Himself as a sin-offering for the world; and as He ate the Passover with His disciples, He put an end to the sacrifice which for four thousand years had been offered. In the place of the national festival which the Jewish people had observed, He instituted a memorial service, the ordinance of feet washing and the sacramental supper, to be observed through all time by His followers in every country. These should ever repeat Christ’s act, that all may see that true service calls for unselfish ministry.”

5 Bible Commentary, 1138-1139—“The ordinance of feet washing is an ordinance of service. This is the lesson the Lord would have all learn and practice. When this ordinance is rightly celebrated, the children of God are brought into holy relationship with each other, to help and bless each other . .

“This ceremony means much to us. God would have us take the whole scene, not only the single act of outward cleansing. This lesson does not merely refer to the one act. It is to reveal the great truth that Christ is an example of what we through His grace are to be in our intercourse with each other. It shows that the entire life should be one of humble, faithful ministry . . The ordinance of feet washing most forcibly illustrates the necessity of true humility. While the disciples were contending for the highest place, in the promised kingdom, Christ girded Himself, and performed the office of a servant by washing the feet of those who called Him Lord. He, the pure, spotless Lamb of God, was presenting Himself as a sin-offering; and as He now ate the Passover with His disciples, He put an end to the sacrifices which for four thousand years had been offered. In the place of the na-
ntional festival which the Jewish people had observed, He instituted a memorial service, in the ceremony of feet washing, and the sacramental supper, to be observed by His followers through all time and in every country. These should ever repeat Christ's act, that all may see that true service called for unselfish ministry."

Desire of Ages, 652—"Christ was standing at the point of transition between two economies and their two great festivals. He, the spotless Lamb of God, was about to present Himself as a sin offering, and He would thus bring to an end the system of types and ceremonies that for four thousand years had pointed to His death. As He ate the Passover with His disciples, He instituted in its place the service that was to be the memorial of His great sacrifice. The national festival of the Jews was to pass away forever. The service which Christ established was to be observed by His followers in all lands and through all ages."

Great Controversy, 327-328—"And He shall confirm the covenant with many for one week. 'The 'week' here brought to view is the last one of the seventy; it is the last seven years of the period allotted especially to the Jews. During this time, extending from A. D. 27 to A. D. 34, Christ, at first in person, and afterward by His disciples, extended the gospel invitation especially to the Jews. As the apostles went forth with the good tidings of the kingdom, the Saviour's direction was, 'Go not into the way of the Gentiles, and into any city of the Samaritans enter ye not; but go rather to the lost sheep of the house of Israel' [Matthew 10:5, 6].

'And in the midst of the week he shall cause the sacrifice and the oblation to cease.' In A. D. 31, three and a half years after His baptism, our Lord was crucified. With the great sacrifice offered upon Calvary, ended that system of offerings which for four thousand years had pointed forward to the Lamb of God. Type had met antitype, and all the sacrifices and oblations of the ceremonial system were there to cease."

IT EXTENDED TO THE RESURRECTION OF CHRIST

Great Controversy, 546-547 (4 Spirit of Prophecy, 366, is a slight variation)—"Peter, on the day of Pentecost, declared that the patriarch David 'is both dead and buried, and his sepulcher is with us unto this day.' 'For David is not ascended into the heavens' [Acts 2:29, 34]. The fact that David remains in the grave until the resurrection, proves that the righteous do not go to Heaven at death. It is only through the resurrection, and by virtue of the fact that Christ has risen, that David can at last sit at the right hand of God.

"And said Paul: 'If the dead rise not, then is not Christ raised. And if Christ be not raised, your faith is vain; ye are yet in your sins. Then they also which are fallen asleep in Christ are perished' [1 Corinthians 15:16-18]. If for four thousand years the righteous had gone directly to Heaven at death, how could Paul have said that if there is no resurrection, 'they which are fallen asleep in Christ are perished'? No resurrection would be necessary."

— SECTION TWO —

THE TWO THOUSAND YEARS

THE FIRST TWO THOUSAND YEARS: FROM ADAM TO AFTER THE FLOOD

The two thousand years is applied in two ways: The first is from Adam to just after the Flood, which would be when Abraham was called. We know that the date for his life was about 2000 B.C.

Thinking about this, we realize that there are actually three two-thousand-year time spans: The first reveals how the human race totally failed to obey God, in spite of having terrific health and endurance.

The second is the period of degeneracy from Abraham's time down to the time of Christ. Notice that this second period is marked by very short life spans.

Quoted below, you will find urgently needed counsels on proper living!

Counsels on Health, 19—"Man came from the hand of his Creator perfect in organization and beautiful in form. The fact that he has for six thousand years withstood the ever-increasing weight of disease and crime is conclusive proof of the power of endurance with which he was first endowed. And although the antediluvians generally gave themselves up to sin without restraint, it was more than two thousand years before the violation of natural law was sensibly felt. Had Adam originally possessed no greater physical power than men now have, the race would ere this have become extinct.

"Through the successive generations since the fall, the tendency has been continually downward. Disease has been transmitted from parents to children, generation after generation. Even infants in
The Seven Thousand Years

The patriarchs from Adam to Noah, with few exceptions, lived nearly a thousand years. Since then the average length of life has been decreasing. "The time of Christ's first advent, the race had already so degenerated that not only the old, but the middle-aged and the young, were brought from every city to the Saviour, to be healed of their diseases. Many labored under a weight of misery inexpressible."

3 Testimonies, 138-142—"God endowed man with so great vital force that he has withstood the accumulation of disease brought upon the race in consequence of perverted habits, and has continued for six thousand years. This fact of itself is enough to evidence to us the strength and electrical energy that God gave to man at his creation. It took more than two thousand years of crime and indulgence of base passions to bring bodily disease upon the race to any great extent. If Adam, at his creation, had not been endowed with twenty times as much vital force as men now have, the race, with their present habits of living in violation of natural law, would have become extinct. At the time of Christ's first advent the race had degenerated so rapidly that an accumulation of disease pressed upon that generation, bringing in a tide of woe and a weight of misery inexpressible.

"The wretched condition of the world at the present time has been presented before me. Since Adam's fall the race has been degenerating. Some of the reasons for the present deplorable condition of men and women, formed in the image of God, were shown me. And a sense of how much must be done to arrest, even in a degree, the physical, mental, and moral decay, caused my heart to be sick and faint. God did not create the race in its present feeble condition. This state of things is not the work of Providence, but the work of man; it has been brought about by wrong habits and abuses, by violating the laws that God has made to govern man's existence. Through the temptation to indulge appetite, Adam and Eve first fell from their high, holy, and happy estate. And it is through the same temptation that the race have become enfeebled. They have permitted appetite and passion to take the throne, and to bring into subjection reason and intellect.

"The violation of physical law, and the consequence, human suffering, have so long prevailed that men and women look upon the present state of sickness, suffering, debility, and premature death as the appointed lot of humanity. Man came from the hand of his Creator perfect and beautiful in form, and so filled with vital force that it was more than a thousand years before his corrupt appetite and passions, and general violations of physical law, were sensibly felt upon the race. More recent generations have felt the pressure of infirmity and disease still more rapidly and heavily with every generation. The vital forces have been greatly weakened by the indulgence of appetite and lustful passion.

"The patriarchs from Adam to Noah, with but few exceptions, lived nearly a thousand years. Since the days of Noah the length of life has been tapering. Those suffering with disease were brought to Christ from every city, town, and village for Him to heal; for they were afflicted with all manner of diseases. And disease has been steadily on the increase through successive generations since that period. Because of the continued violation of the laws of life, mortality has increased to a fearful extent. The years of man have been shortened, so that the present generation pass to the grave, even before the age at which the generations that lived the first few thousand years after the creation came upon the stage of action.

"Disease has been transmitted from parents to children, from generation to generation. Infants in the cradle are miserably afflicted because of the sins of their parents, which have lessened their vital force. Their wrong habits of eating and dressing, and their general dissipation, are transmitted as an inheritance to their children. Many are born insane, deformed, blind, deaf, and a very large class are deficient in intellect. The strange absence of principle which characterizes this generation, and which is shown in their disregard of the laws of life and health, is astonishing. Ignorance prevails upon this subject, while light is shining all around them. With the majority, their principal anxiety is, What shall I eat? what shall I drink? and wherewithal shall I be clothed? Notwithstanding all that is said and written in regard to how we should treat our bodies, appetite is the great law which governs men and women generally.

"The moral powers are weakened because men and women will not live in obedience to the laws of health and make this great subject a personal duty. Parents bequeath to their offspring their own perverted habits, and loathsome diseases corrupt the blood and enervate the brain. The majority of men and women remain in ignorance of the laws of their being, and indulge appetite and passion at the expense of intellect and morals, and seem willing to remain in ignorance of the result of their violation.
of nature’s laws. They indulge the depraved appetite in the use of slow poisons which corrupt the blood and undermine the nervous forces, and in consequence bring upon themselves sickness and death. Their friends call the result of this course the dispensation of Providence. In this they insult Heaven. They rebelled against the laws of nature and suffered the punishment for thus abusing her laws. Suffering and mortality now prevail everywhere, especially among children. **How great is the contrast between this generation and those who lived during the first two thousand years!**

“I inquired if this tide of woe could not be prevented and something be done to save the youth of this generation from the ruin which threatens them. I was shown that one great cause of the existing deplorable state of things is that parents do not feel under obligation to bring up their children to conform to physical law. Mothers love their children with an idolatrous love and indulge their appetite when they know that it will injure their health and thereby bring upon them disease and unhappiness. This cruel kindness is manifested to a great extent in the present generation. The desires of children are gratified at the expense of health and happy tempers because it is easier for the mother, for the time being, to gratify them than to withhold that for which they clamor.

“Thus mothers are sowing the seed that will spring up and bear fruit. The children are not educated to deny their appetites and restrict their desires. And they become selfish, exacting, disobedient, unthankful, and unholy. Mothers who are doing this work will reap with bitterness the fruit of the seed they have sown. They have sinned against Heaven and against their children, and God will hold them accountable.

“Had education for generations back been conducted upon altogether a different plan, the youth of this generation would not now be so depraved and worthless. The managers and teachers of schools should have been those who understood physiology and who had an interest, not only to educate the youth in the sciences, but to teach them how to preserve health so that they might use their knowledge to the best account after they had obtained it. There should have been connected with the schools, establishments for carrying on various branches of labor, that the students might have employment and the necessary exercise out of school hours.

“The students’ employment and amusements should have been regulated with reference to physical law and should have been adapted to preserve to them the healthy tone of all the powers of body and mind. Then a practical knowledge of business could have been obtained while their literary education was being gained. Students at school should have had their moral sensibilities aroused to see and feel that society has claims upon them and that they should live in obedience to natural law so that they can, by their existence and influence, by precept and example, be an advantage and blessing to society. It should be impressed upon the youth that all have an influence that is constantly telling upon society to improve and elevate or to lower and degrade. The first study of the young should be to know themselves and how to keep their bodies in health.”

**4 Testimonies, 29-30—**“Man came from the hand of God perfect in every faculty of mind and body; in perfect soundness, therefore in perfect health. **It took more than two thousand years of indulgence of appetite and lustful passions to create such a state of things in the human organism as would lessen vital force.**

“**Through successive generations the tendency was more swiftly downward.** Indulgence of appetite and passion combined led to excess and violence; debauchery and abominations of every kind weakened the energies and brought upon the race diseases of every type, until the vigor and glory of the first generations passed away, and, in the third generation from Adam, man began to show signs of decay. **Successive generations after the Flood degenerated more rapidly.**

“All this weight of woe and accumulated suffering can be traced to the indulgence of appetite and passion. Luxurious living and the use of wine corrupt the blood, inflame the passions, and produce diseases of every kind. But the evil does not end here. Parents leave maladies as a legacy to their children. As a rule, every intemperate man who rears children transmits his inclinations and evil tendencies to his offspring; he gives them disease from his own inflamed and corrupted blood. Licentiousness, disease, and imbecility are transmitted as an inheritance of woe from father to son and from generation to generation, and this brings anguish and suffering into the world, and is no less than a repetition of the fall of man.

“A **continual transgression of nature’s laws is a continual transgression of the law of God.**
The present weight of suffering and anguish which we see everywhere, the present deformity, decrepitude, disease, and imbecility now flooding the world, make it, in comparison to what it might be and what God designed it should be, a lazaret house; and the present generation are feeble in mental, moral, and physical power. All this misery has accumulated from generation to generation because fallen man will break the law of God. Sins of the greatest magnitude are committed through the indulgence of perverted appetite.

The last two thousand years: from Christ's time to the end

Desire of Ages, 23-24—'Nearly two thousand years ago, a voice of mysterious import was heard in heaven, from the throne of God, 'Lo, I come.' 'Sacrifice and offering Thou wouldst not, but a body hast Thou prepared Me. . . Lo, I come (in the volume of the Book it is written of Me,) to do Thy will, O God.' Hebrews 10:5-7. In these words is announced the fulfillment of the purpose that had been hidden from eternal ages. Christ was about to visit our world, and to become incarnate. He says, 'A body hast Thou prepared Me.' Had He appeared with the glory that was His with the Father before the world was, we could not have endured the light of His presence. That we might behold it and not be destroyed, the manifestation of His glory was shrouded. His divinity was veiled with humanity,—the invisible glory in the visible human form.

'This great purpose had been shadowed forth in types and symbols. The burning bush, in which Christ appeared to Moses, revealed God. The symbol chosen for the representation of the Deity was a lowly shrub, that seemingly had no attractions. This enshrined the Infinite. The all-merciful God shrouded His glory in a most humble type, that Moses could look upon it and live. So in the pillar of cloud by day and the pillar of fire by night, God communicated with Israel, revealing to men His will, and imparting to them His grace. God's glory was subdued and His majesty veiled, that the weak vision of finite men might behold it. So Christ was to come in 'the body of our humiliation' (Philippians 3:21, R. V.), 'in the likeness of men.' In the eyes of the world He possessed no beauty that they should desire Him; yet He was the incarnate God, the light of heaven and earth. His glory was veiled, His greatness and majesty were hidden, that He might draw near to sorrowful, tempted men.

'God commanded Moses for Israel, 'Let them make Me a sanctuary; that I may dwell among them' (Exodus 25:8), and He abode in the sanctuary, in the midst of His people. Through all their weary wandering in the desert, the symbol of His presence was with them. So Christ set up His tabernacle in the midst of our human encampment. He pitched His tent by the side of the tents of men, that He might dwell among us, and make us familiar with His divine character and life. 'The Word became flesh, and tabernacled among us (and we beheld His glory, glory as of the Only Begotten from the Father), full of grace and truth.' John 1:14, R. V., margin.

'Since Jesus came to dwell with us, we know that God is acquainted with our trials and sympathizes with our griefs. Every son and daughter of Adam may understand that our Creator is the friend of sinners. For in every doctrine of grace, every promise of joy, every deed of love, every divine attraction presented in the Saviour's life on earth, we see 'God with us.'

6 Testimonies, 14-15—"We are standing upon the threshold of great and solemn events. Prophecies are fulfilling. Strange, eventful history is being recorded in the books of heaven. Everything in our world is in agitation. There are wars and rumors of wars. The nations are angry, and the time of the dead has come, that they should be judged. Events are changing to bring about the day of God, which hasteth greatly. Only a moment of time, as it were, yet remains. But while already nation is rising against nation, and kingdom against kingdom, there is not now a general engagement. As yet the four winds are held until the servants of God shall be sealed in their foreheads. Then the powers of earth will marshal their forces for the last great battle.

'Satan is busily laying his plans for the last mighty conflict, when all will take sides. After the gospel has been proclaimed in the world for nearly two thousand years, Satan still presents to men and women the same scene that he presented to Christ. In a wonderful manner he
causes the kingdoms of the world in their glory to pass before them. These he promises to all who will fall down and worship him. Thus he seeks to bring men under his dominion.

“Satan is working to the utmost to make himself as God and to destroy all who oppose his power. And today the world is bowing before him. His power is received as the power of God. The prophecy of the Revelation is being fulfilled, that ‘all the world wondered after the beast.’ Revelation 13:3.

“Men in their blindness boast of wonderful progress and enlightenment; but to the eye of Omniscience are revealed the inward guilt and depravity. The heavenly watchers see the earth filled with violence and crime. Wealth is obtained by every species of robbery, not robbery of men only, but of God. Men are using His means to gratify their selfishness. Everything they can grasp is made to minister to their greed. Avarice and sensuality prevail. Men cherish the attributes of the first great deceiver. They have accepted him as God, and have become imbued with his spirit.

“But the cloud of judicial wrath hangs over them, containing the elements that destroyed Sodom. In his visions of things to come the prophet John beheld this scene. This demon worship was revealed to him, and it seemed to him as if the whole world were standing on the brink of perdition. But as he looked with intense interest he beheld the company of God’s commandment-keeping people. They had upon their foreheads the seal of the living God, and he said: ‘Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.’ ”

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3 Selected Messages, 18—“The prayer of Christ is not only for those who are now His disciples, but for all those who shall believe on Christ through the words of His disciples, even to the end of the world. Jesus was just about to yield up His life to bring life and immortality to light. Christ, amid His sufferings, and being daily rejected of men, looks down the lines two thousand years to His church which would be in existence in the last days, before the close of this earth’s history.”

It is clear that, even amid the terrible degeneration which our ancestors have brought on our race, God’s faithful ones down through the ages have continued to hold up the banner of truth, teach men the Scriptures, and point suffering souls to Jesus their only Saviour.

Oh, my friends, we must be faithful today!

There is so little time left. Each day, we must be about our Father’s business!

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SECTION THREE —
THE SIX THOUSAND YEARS

FROM ADAM TO THE SECOND ADVENT

Here are all of the key statements in which the “six thousand years” are mentioned:

3 Spiritual Gifts, 91-92—“Infidel geologists claim that the world is very much older than the Bible record makes it. They reject the Bible record because of those things which are to them evidences from the earth itself, that the world has existed tens of thousands of years. And many who profess to believe the Bible record are at a loss to account for wonderful things which are found in the earth, with the view that Creation Week was only seven literal days, and that the world is now only about six thousand years old. These, to free themselves from difficulties thrown in their way by infidel geologists, adopt the view that the six days of creation were six vast, indefinite periods, and the day of God’s rest was another indefinite period; making senseless the fourth commandment of God’s holy law. Some eagerly receive this position; for it destroys the force of the fourth commandment, and they feel a freedom from its claims upon them. They have limited ideas of the size of men, animals, and trees, before the flood, and of the great changes which then took place in the earth.”

2 Spirit of Prophecy, 93—“Six thousand years has this archenemy been warring against the government of God, and continued practice has increased his skill to deceive and allure.”

3 Testimonies, 91-92—“The controlling power of appetite will prove the ruin of thousands, when, if they had conquered on this point, would have had the moral power to gain the victory over every other temptation of Satan. But those who are slaves to appetite will fail of perfecting Christian character. The continual transgression of man for over six thousand years has brought sickness, pain, and death as its fruit. And as we near the close of time, Satan’s temptations to indulge appetite will be more powerful, and more difficult to overcome.”

Desire of Ages, 413—“For six thousand years, faith has builded upon Christ. For six thousand years the floods and tempests of satanic wrath have beaten upon the Rock of our
salvation; but it stands unmoved.”

Fundamentals of Christian Education, 22-23—"God endowed man with so great vital force that he has withstood the accumulation of disease brought upon the race in consequence of perverted habits, and has continued for six thousand years. This fact of itself is enough to evidence to us the strength and electrical energy that God gave to man at his creation. It took more than two thousand years of crime and indulgence of base passions to bring bodily disease upon the race to any great extent. If Adam, at his creation, had not been endowed with twenty times as much vital force as men now have, the race, with their present habits of living in violation of natural law, would have become extinct. At the time of Christ’s first advent, the race had degenerated so rapidly that an accumulation of disease pressed upon that generation, bringing in a tide of woe and a weight of misery inexpressible.”

Great Controversy, 552-553—"When they have been led to believe that the dead actually return to communicate with them, Satan causes those to appear who went into the grave unprepared... The spirits deny the divinity of Christ, and place even the Creator on a level with themselves. Thus under a new disguise the great rebel still carries forward his warfare against God, begun in Heaven, and for nearly six thousand years continued upon the earth.”

Great Controversy, 518—"The great controversy between Christ and Satan, that has been carried forward for nearly six thousand years, is soon to close; and the wicked one redoubles his efforts to defeat the work of Christ in man’s behalf, and to fasten souls in his snares. To hold the people in darkness and impenitence till the Saviour’s mediation is ended, and there is no longer a sacrifice for sin, is the object which he seeks to accomplish.”

Great Controversy, 656—"For six thousand years the great controversy has been in progress; the Son of God and His heavenly messengers have been in conflict with the power of the evil one, to warn, enlighten, and save the children of men. Now all have made their decision; the wicked have fully united with Satan in his warfare against God. The time has come for God to vindicate the authority of His downtrodden law. Now the controversy is not alone with Satan, but with men. ‘The Lord hath a controversy with the nations; ‘He will give them that are wicked to the sword.’ ”

— SECTION FOUR —
THE ONE THOUSAND YEARS

THE LAST PART OF THE GREAT WEEK

The thousand years in Revelation 20 (actually the last portion of the seven thousand years) is part of the remarkable “GREAT WEEK” revealed in the Bible, for those who would search it out.

The final one thousand years will mark a heavenly rest for the people of God.

We hardly need to spend any time on this final period; for we all are well-acquainted with its events, and when they begin and end.

It is most clearly explained in Revelation 20; Early Writings, 51-54, 289-295; Story of Redemption, 421-430; and Great Controversy 657-677.

Although it is the last segment of the seven
thousand years, it is not identified as such in the Spirit of Prophecy; however it is rather obvious that the terminal one thousand years before Satan is finally destroyed follows the 6,000 preceding years when Satan was here in our world trying to control, ruin, and slay as many as possible.

Here is a statement which clearly links the 6,000 years as coming just before the millennium:

**Great Controversy, 659**—“For six thousand years, Satan's work of rebellion has 'made the earth to tremble.' He has 'made the world as a wilderness, and destroyed the cities thereof.' And 'he opened not the house of his prisoners.' For six thousand years his prison-house [the grave] has received God's people, and he would have held them captive forever, but Christ has broken his bonds, and set the prisoners free.

**Great Controversy, 660**—“Even the wicked are now [at the beginning of the millennium] placed beyond the power of Satan: and alone with his evil angels he remains to realize the effect of the curse which sin has brought. ‘The kings of the nations, even all of them, lie in glory, every one in his own house [the grave]. But thou art cast out of thy grave like an abominable branch . . Thou shalt not be joined with them in burial, because thou hast destroyed thy land, and slain thy people' [Isaiah 14:18-20]. For a thousand years, Satan will wander to and fro in the desolate earth, to behold the results of his rebellion against the law of God.”

We are definitely told that this lengthy period began when Satan overcame Adam and Eve in the Garden of Eden.

**Review, March 18, 1875**—“For four thousand years, ever since the declaration was made to Adam that the seed of the woman should bruise the serpent's head, he had been planning his manner of attack.”

**1 Selected Messages, 269**—“Satan had succeeded so well in deceiving the angels of God, and in the fall of noble Adam, that he thought that in Christ's humiliation he should be successful in overcoming Him. He looked with pleased exultation upon the result of his temptations and the increase of sin in the continued transgression of God's law for more than four thousand years. He had worked the ruin of our first parents, and brought sin and death into the world, and had led to ruin multitudes of all ages, countries, and classes. He had, by his power, controlled cities and nations until their sin provoked the wrath of God.”

We know that the entire period ends when Satan is finally destroyed.

**Patriarchs and Prophets, 342**—“The great plan of redemption results in fully bringing back the world into God's favor. All that was lost by sin is restored. Not only man but the earth is redeemed, to be the eternal abode of the obedient. For six thousand years Satan has struggled to maintain possession of the earth. Now God's original purpose in its creation is accomplished. The saints of the Most High shall take the kingdom, and possess the kingdom forever, even forever and ever.”

3 **Selected Messages, 18**—“The prayer of Christ is not only for those who are now His disciples, but for all those who shall believe on Christ through the words of His disciples, even to the end of the world. Jesus was just about to yield up His life to bring life and immortality to light. Christ, amid His sufferings, and being daily rejected of men, looks down the lines two thousand years to His church which would be in existence in the last days, before the close of this earth's history.”

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**SECTION FIVE**

**THE SEVEN THOUSAND YEARS**

**THE COMPLETE WEEK**

It is of interest that the phrase, "7000 years," is never found in Bible or in the Spirit of Prophecy. But the phrase, "seven thousand," does occur in both the Bible and Spirit of Prophecy; for example in 1 Kings 19:18: “Yet I have left Me seven thousand in Israel, all the knees which have not bowed unto Baal, and every mouth which hath not kissed him.”

And that is a good verse to end with.

May we all be faithful in these final days of earth's history, as were those in the time of Elijah who refused to bow to Baal, the sun god.

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